Portstewart Primary School and Nursery Unit

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fish Fingers	Savoury Mince	Chicken Curry, Boiled Rice &	Roast Beef with Stuffing	Chicken Bites
Week	<u>OR</u>	Peas and Carrots	Carrot Sticks & Naan Bread	Carrots, Broccoli,	Baked Beans
beginning	French Bread Pizza	Mashed Potatoes	<u>OR</u>	Mashed &	Coleslaw Salad
27th Sept	Baked Beans	<u>OR</u>	Vegetable Fried Rice & Curry	Dry Roast Potatoes	Chips
	Potato Wedges	Chicken Wrap	Sauce	Gravy	<u>OR</u>
					Chicken Noodles in Black Bean
	Strawberry Yoghurt Egg	Wheaten Bread	Chocolate Brownie with	Fresh Fruit	Sauce
	Sponge	Watermelon Slice & Yoghurt	Oranges	Ice-cream	Crackers/Cut Grapes/Cheese
	Pasta Bolognese, Carrot	Fish Fingers	Sausages	Roast Turkey, Stuffing Sliced	Homemade Pizza
Week	Batons & Crusty Bread	Baked Beans	<u>OR</u>	Green Beans, Diced Carrot	with Chicken and
beginning	<u>OR</u>	Mashed Potatoes	Vegetables Burger (no bap)	Dry Roast Potatoes	Tomato Topping,
4th Oct	Filled Baguette (Chicken)	<u>OR</u>	Sweetcorn	Mashed Potatoes	Side Salad,
		Macaroni Cheese	Baked Beans	Gravy	Chips
		Wholemeal Bread	Mashed Potatoes		<u>OR</u>
		Chocolate & Pear Sponge			Filled Baked Potato
	Yoghurt & Fresh Fruit	with Custard	Summer Fruits & Yoghurt	Strawberry Shortcake Biscuit	Fresh Fruit Salad & Yoghurt
	Oven Baked Breaded	Lasagne	Chicken Curry, Boiled Rice &	Roast Beef with Stuffing	Hot Dog, Red Sauce
Week	Whiting, Baked Beans,	Sweetcorn, Coleslaw	Carrot Sticks & Naan Bread	Carrots, Cabbage	Sweetcorn, Side Salad
beginning	Mashed Potato	Crusty Bread	<u>OR</u>	Mashed &	Chips
11th Oct	<u>OR</u>	<u>OR</u>	Tuna Filled Baked Potato	Dry Roast Potatoes	<u>OR</u>
	Chicken Noodles in Black Bean	Cheese Soda		Gravy	Chilli Chicken Pasta
	Sauce, Crusty Bread				
	Fresh Strawberry Swiss Roll		Chocolate Cookie &		
	Custard	Forest Fruits & Yoghurt	Milkshake	Pear and Sweet Rice	Fresh Fruit & Yoghurt
	Fish Fingers, Beans	Chicken Curry with Boiled	*Special Buffet Lunch*	Roast Pork & Stuffing, Diced	Steak Burger,
Week	& Mashed Potatoes	Rice, Carrots Sticks & Naan	Chicken/Cheese/Tuna	Turnip, Broccoli Florets	Coleslaw Salad
beginning	Crusty Bread	Bread	Selection of sandwiches	Mashed Potato	Chips
18th Oct	<u>OR</u>	<u>OR</u>	Pizza Fingers/Cocktail	Dry Roast Potatoes & Gravy	<u>OR</u>
	Cheese Panni	Filled Baked Potato	Sausages&Carrot Sticks	Crackers with Cut Grapes &	Macaroni Cheese
	Fresh Melon	Fruit Sponge &		Cheese	
	& Frozen Yoghurt	Custard	Fruit Muffin and Milkshake	Fruit Muffin and Milkhsake	Fruit Mix & Yoghurt



Subject to change.

If you require any additional information on allergens or special diet please contact the school in the



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