

PRIMARY MENU

2020/21 PORTSTEWART PRIMARY SCHOOL & NURSERY

**school
food**

try something new today
www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

**If you require
any additional
information on
allergens or
special diet
please contact**

SUBJECT TO CHANGE



try something new today

2020	Monday	Tuesday	Wednesday	Thursday	Friday
Week One week beginning 5th Oct 2020	Chicken Bites, Salad, Coleslaw, Chips Melon Wedges & Yoghurt	Chicken Curry with Boiled Rice, Naan Bread & Carrot Sticks Chocolate Muffin & Custard Fruit	Steak and Vegetable Casserole, Garden Peas & Mashed Potatoes Chocolate Brownie Tinned Oranges	Roast Pork, Baton Carrots, Broccoli, Mashed & Oven Baked Dry Roast Potatoes & Gravy Fruit & Ice-cream	Salmon Fish Cakes, Baked Beans or Peas & Mashed Potatoes, Wheaten Bread Fresh Fruit & Yoghurt
Week Two week beginning 12th Oct 2020	Fish Fingers, Beans, Sweetcorn, Chips Fruit & Biscuit	Chicken Curry with Boiled Rice, Garden Peas & Naan Bread Jelly & Fruit	Pasta Bolognese, Carrot Batons & Crusty Bread Yoghurt & Fruit	Roast Chicken, Cabbage, Diced Carrots, Mashed Potato Gravy Fresh Fruit & Frozen Yoghurt	Steak Burger in Bap, Salad, Coleslaw & Homemade Spiced Cubed Potatoes Chocolate & Pear Sponge & Chocolate Sauce
Week Three week beginning 19th Oct 2020	Sausages, Garden Peas & Chips Fresh Fruit & Muffin	Chicken Curry, Boiled Rice & Naan Bread Chocolate Cookie, Milk & Fresh Fruit	Savoury Mince Fresh Carrots Mashed Potato Fruit Apple Sponge & Custard	Roast Chicken, Carrot & Parsnip, Mashed & Oven Baked Dry Roast Potatoes, Stuffing & Gravy Pudding Rice and Tinned Fruit	Oven Baked Breaded Whiting, Baked Beans, Sweetcorn, Mashed Potatoes & Wheaten Bread Fresh Fruit & Yoghurt
Week Four week beginning 2nd Nov 2020	Steak Burger in Bap, Sweetcorn, Chips Fresh Fruit & Plain Cookie	Chicken Curry with Boiled Rice, Baton Carrots & Naan Bread Sponge & Custard, Fruit	Fish Fingers, Beans Or Peas & Mashed Potatoes Fresh Fruit & Yoghurt	Roast Pork, Diced Turnip, Cauliflower, Mashed Potato Gravy Fresh Fruit & Frozen Yoghurt	Pizza, Tossed Salad, Coleslaw & Diced Potatoes Fruit & Yoghurt

